

Appetizers

▶ Fried Plantains	8
▶ Steamed & Salted Edamame	6/11
▶ Arepitas <small>4 crispy corn dough patties filled with cheese & jalapeños served with chipotle mayo</small>	8
▶ GF Sashimi Tray (6 or 9 piece) Chef's sashimi selections served with a cucumber roll, veggie selections & seaweed salad.	28/37

Soup & Salads

Miso Soup / Refills	4/2
▶ House Salad (Small/Large)	4/6
▶ Seaweed Salad	7

Norimaki & Uramaki Rolls

▶ GF Caribbean	17	(mango, avocado & cream cheese) salmon on top, spicy mayo & GF eel sauce
▶ GF Tropical	17	(kiwi, avocado & cream cheese) ahi tuna on top, spicy mayo & GF eel sauce
▶ GF Atlantic	18	(yellowtail, cucumbers & cream cheese) strawberries on top, sriracha, spicy mayo & GF eel sauce
▶ GF Antigua	17	(1/2 salmon, 1/2 ahi tuna, cucumbers) veggie seasoning on top, spicy mayo & GF eel sauce
▶ GF Bermuda	18	(1/2 spicy tuna, 1/2 spicy yellowtail, scallions) ebi on top & GF eel sauce
▶ GF Cayman	16	(shrimps, mango & avocado) veggie seasoning on top, spicy mayo & GF eel sauce
▶ GF Philly, Ahi or Shrimp	14	(salmon, ahi tuna or shrimp, cucumber, avocado & cream cheese) spicy mayo & GF eel sauce
▶ GF Hamachi	16	(yellowtail, cucumber & avocado) spicy mayo & GF eel sauce
▶ GF Spicy Yellowtail	16	(spicy yellowtail, cucumber & avocado) spicy mayo & GF eel sauce
▶ GF Spicy Red	15	(shrimps, strawberries, jalapeños & cream cheese) sriracha & spicy mayo
▶ GF Tijuana	15	(spicy ahi tuna, jalapeños & cream cheese) sriracha & GF eel sauce
▶ GF Galápagos	17	(1/2 Yellowtail, 1/2 salmon, mango, cucumbers & habanero peppers) spicy mayo & GF eel sauce
▶ GF Barbados	14	(plantain, strawberries & cream cheese) veggie seasoning on top, chipotle mayo & GF eel sauce
▶ GF Plantain Veggie	12	(plantains, cream cheese & avocado) veggie seasoning, chipotle mayo & GF eel sauce
▶ GF Tropical Veggie	13	(mango, strawberries, cream cheese & avocado) kiwi on top, GF eel sauce
▶ GF Veggie	11	(cucumber, cream cheese & avocado) veggie seasoning, spicy mayo & GF eel sauce
▶ GF Vegan	11	(cucumber, green onions, carrots & avocado) GF eel sauce

Baked Volcano Rolls

Volcano rolls are topped with spicy mayo, sriracha & GF eel sauce torched & baked

▶ GF Caribbean Volc	18	9pcs avocado & cream cheese roll topped with salmon(3), ahi tuna(3) & mango(3)
▶ GF Fish Volcano	17	8pcs cucumber & cream cheese roll topped with your choice of salmon, tuna or yellowtail
▶ GF Tijuana Volc	16	9pcs ahi tuna & cream cheese roll topped with jalapeños
▶ GF Sample Volcano	18	8pcs cucumber & cream cheese roll with your choice of toppings
▶ GF Mixed Volcano	19	9pcs cucumber & cream cheese roll topped with a mix of up to 4 flavors
▶ GF Shrimp Volcano	15	8pcs cucumber & cream cheese roll topped with shrimp
▶ GF Fruit Volcano	13	9pcs avocado & cream cheese roll topped with mango(3), strawberry(3) & kiwi(3)
▶ GF Plantain Volcano	12	9pcs cucumber & cream cheese roll topped with fried plantains
▶ GF Veggie Volcano	12	9pcs cucumber & cream cheese roll topped with avocado

Small Rolls (6 pieces) & Temakis

▶ Spicy Tuna Roll	9	▶ Avocado Roll	7	▶ Temaki - Hand Roll	6
▶ Salmon Roll	9	▶ Cucumber Roll	6	Cone-shaped Hand Roll filled with cucumber & avocado	
▶ Yellowtail & Scallion Roll	12	▶ Plantain Roll	7	▶ add salmon	+3
▶ Salmon & Mango Roll	10	▶ Plantain & Cream Cheese Roll	8	▶ add Tuna	+3
▶ Tuna & Mango Roll	10	▶ Fruit & Chili Roll	8	▶ add Yellowtail	+5
▶ Shrimp Roll	9	▶ Cucumber & Avocado Roll	8	▶ add Plantains	+2
▶ Small Salmon/Tuna Volc Roll	12	▶ Strawberry & Mango Roll	8	▶ add Mango	+2
		▶ Small Plantain Volcano Roll	9		

Chirashi (Sashimi Rice Bowls)

Sushi Rice Bowl topped with seafood selections, vegetables, fruits & all sauces served with miso soup

▶ Veggie bowl	17	(All Fruits & Vegetables) Plantain, mango, strawberry, cucumber, avocado & cream cheese
▶ Kaisen Don bowl	32	(Raw Selections) Veggie Bowl plus tuna, salmon & yellowtail

Omakases (Chef's Choice Creative Selections)

→ Single Omakase Roll	24	→ 3 Rolls Omakase Platter	48
→ 3 Small Rolls Omakase Platter	35	→ 5 Rolls Omakase Platter	78

*** Please let your Server know that you would like your Omakase to be GF

POKE Bowl 14

All garnished with cucumbers, avocado, scallions, cilantro & pickled ginger

Pick Your Base

Sushi Rice Mixed Greens Half/Half Sashimi Style

Pick Your Proteins (2 scoops)

→ Ahi Tuna → Spicy Tuna → Salmon Shrimp

→ Hamachi or Spicy Yellowtail (+2 per scoop)

Scoop of Extra Protein (+4)


Add Ons

Plantains +1

Mango +1

Strawberries +1

Kiwi +1

Any Hot Peppers +1

Seaweed Salad +2

Shelled Edamame +2

Pick Your Sauce

Original GF Eel Sauce GF Sriracha Spicy Mayo Others No Sauce

Signature Pokes

All garnished with cucumbers, avocado, scallions, cilantro, pickled ginger & GF POKE Sauce

→ Lite & Fruity	17	Salad base, salmon, tuna, Strawberry, mango & seaweed salad
→ Hot & Spicy	17	Rice base, ahi tuna, strawberries, jalapeños & sriracha
→ GF Mighty	20	Rice base, salmon, shrimp, spicy tuna, spicy yellowtail & plantains
GF Vegan	16	Half/half base, plantains, mango & strawberries

Nigiri or Sashimi Bites (2 piece)

→ 9 ahi tuna (maguro)

→ 8 salmon (sake)

→ 9 yellowtail (hamachi)

7 shrimp (ebi)



** Please let your server know

your order is Gluten Free

GF Lunch Specials (available Tuesday to Friday during lunch hours)

All Volcano Rolls, Small Rolls & Hand Rolls are \$1 off during lunch

→ Philly, Ahi or Shrimp Roll	13
→ Tijuana's 🔥 or Spicy Red Roll 🔥	14
→ Hamachi or Spicy YT Roll	15

→ Veggie or Vegan Roll

10

→ Plantain Veggie Roll

11

Add ons

Miso Soup Cup +3

Side Salad +3

ICED TEA +2

Small Rolls Duos (1 Special Roll + 1 Small Roll or Temaki topped with your choice of sauces)

First Pick (Special Rolls)

→ Small Philly roll salmon, cucumber & cream cheese
→ Small Tuna roll ahi tuna, cucumber & cream cheese
Small Shrimp roll shrimp, cucumber & cream cheese
→ Small Veggie roll avocado, cucumber & cream cheese
→ Small Plantain roll plantain, cucumber & cream cheese

Second Pick (Small rolls & temakis)

→ Cucumber roll	12	→ Spicy tuna roll	14
→ Avocado roll		→ Salmon roll	
→ Plantain roll		Shrimp roll	
→ Cucumber+avoc roll		→ Plantains & cream cheese roll	
→ Veggie temaki		→ Fruits & chili roll 🔥	
→ Plantain temaki		→ Strawberry & mango roll	
→ Mango temaki		→ Small plantain volcano roll	

→ Tuna & mango roll	16
→ Salmon & mango roll	
→ Yellowtail & scallions roll	
→ Small salmon/tuna volcano roll	
→ Yellowtail temaki	